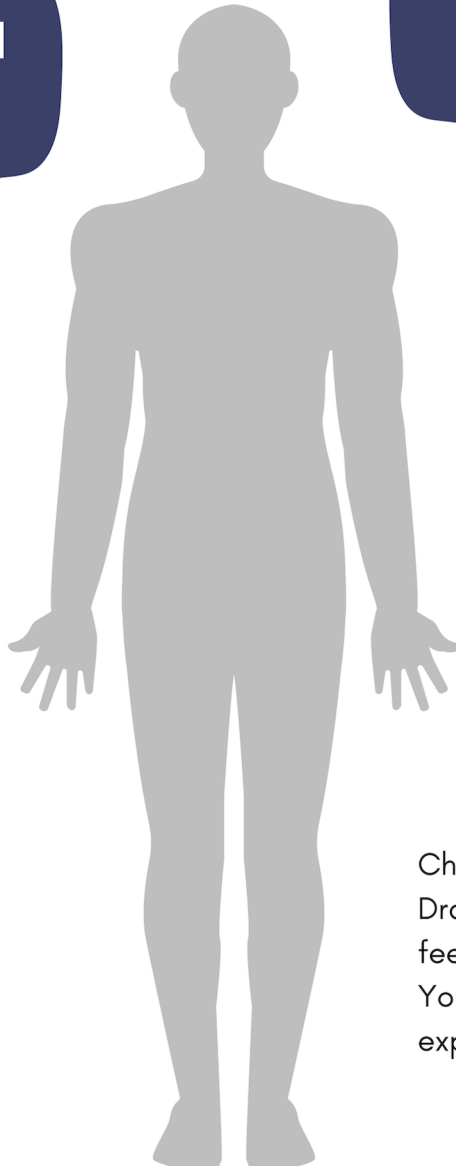


Where do you feel your feelings?

How do your emotions feel?



Choose an emotion.
Draw on the body to show how it feels and where you feel it.
You can also use colours to help express how an emotion feels.

These are some ideas for the way emotions might feel. You might feel drawn to some of these or you might have your own ideas. There is no right or wrong way to feel emotions.

